



FreshairFitness

The outdoor gym specialists



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fitness
with fun!



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Primary School
Outdoor Gym Equipment

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Why Fresh Air Fitness?

As one of the first companies to introduce outdoor gym equipment in the UK we know how perfect it is for primary schools.

- ✔ We have the largest range of equipment in the UK, all built specifically for children, Key Stage 1 & 2.
- ✔ Endorsed by OFSTED, our gyms can be set out in one gym zone or as a trim trail.
- ✔ We offer curriculum-friendly lesson plans to support teaching staff.
- ✔ All equipment is compliant with EN16630 and EN1176.
- ✔ Benefits to the children are huge! Including improved fitness, muscle strength, flexibility, balance, co-ordination, cardiovascular fitness and physical literacy.
- ✔ Our gyms promote imaginative play, social interaction and stimulate emotional wellbeing.
- ✔ Provides innovative PE experiences and the opportunity for children to develop a life-long love of exercise.



Need funding? We can help, call us for more information.

25 year warranty



Why an Outdoor Gym?

- ✔ A new approach to PE encouraging every child to enjoy a different style of sport
- ✔ Fresh air and exercise are a winning formula for physical, mental and emotional wellbeing
- ✔ Endorsed by OFSTED
- ✔ Creates an additional outdoor classroom
- ✔ Perfect for PE lessons or as part of general playtime
- ✔ A great training facility for teams and sports clubs
- ✔ Makes exercise fun!

“ From day one all students were drawn to these exercise machines ...thank you for making a real difference ”

Keith McKenzie, Head Teacher, Hall School